

# BAKERY & CAFE Bread. The way it *ought* to be.

# FEATURED SANDWICH

Welcome to the bakery cafe!



Featured Sandwich We always make a tasty featured sandwich to match the season. Come in and check out which one we are serving today.

# CLASSIC SANDWICHES Beyond Fresh.



# Classic Meat & Cheese

Smoked Turkey or ham with choice of cheese, lettuce,

tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

# Classic Roast Beef and Provolone

choice of cheese,

lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

# Classic Pastrami and Swiss

choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

# Almond Butter and Jam

Almond butter and local jam

# **BREAKFAST SANDWICHES**

The perfect spot for breakfast!

# **Breakfast Sandwich**

Choose from a selection of our real food, freshly made breakfast sandwiches on your choice of handcrafted bread. Wake up your taste buds with either ham or bacon and your selection of cheese. (choice of any bread, garlic herb spread, egg, choice of cheese. Add turkey, nitrate free bacon



# SIGNATURE SANDWICHES

Fresh made with simple ingredients.

# California Cobb

Smoked turkey breast with bleu cheese spread, bacon, avocado, lettuce, tomato, red onions, and salt & pepper mix served on your choice of bread.



# Lorton Salad sandwich

Your choice of bread with lettuce, tomato, onion, and salt & pepper mix. Choose from our white meat chicken salad with sweet & spicy pecans; tasty albacore tuna salad; or delicious egg salad.



# Harvest Veggie

Bell peppers, cucumber slices, lettuce, tomato, onion, cheddar, provolone, and salt & pepper mix served on your choice of bread with a sun-dried tomato spread.



# Mediterranean

Protein packed hummus spread, avocado, bell peppers, cucumber slices, cheddar, provolone, spinach, tomato, onion, and salt & pepper mix served on your choice of bread.



2,000 calories a day is used for general nutrition advice, but calorie needs vary. Additional nutrition information is available upon request.

# **BEYOND FRESH SALADS**

# Mediterranean

Roasted eggplant, Kalamata olives, marinated artichokes, bell peppers, red onion, feta cheese, dried figs and croutons served on a bed of spring mix topped with a sprig of mint



## Morroccan

Roasted sweet potato and eggplant, sliced tomato, hummus, with croutons served on a bed of spring mix



# Lorton Salad Salad

Choose from our white meat chicken salad with sweet & spicy pecans; tasty albacore tuna salad; or delicious egg salad. Served on a bed of spring mix with tomatoes, cucumbers, sweet & spicy pecans, and croutons.



# Caesar

Grilled chicken fillet, hard-boiled egg, dried cranberries, croutons and anchovies served over romaine lettuce with Parmesan cheese



# House Salad

Spring mix topped with tomato, cucumber, and croutons

# HOT OFF THE GRILL

Get it hot, get it fresh, get it now!

# Groovy Grilled Cheese

Our version of an old favorite, featuring your bread of choice, cheddar & provolone cheese, and a light taste of our garlic & herb spread. Add: smoked ham or crispy bacon



Albacore tuna salad with cheddar cheese, tomatoes, and our sun-dried tomato spread.



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# Southwestern Chipotle

Preserative and nitrate free smoked turkey, pepper jack cheese, bell peppers, onions, tomatoes, lettuce, and our chipotle mayo spread



A grilled chicken fillet with provolone cheese, lettuce, tomato, red onions and pesto sauce.





# SOUP Warm up your fall day.

# Soup

Small 12 oz Large 16 oz

# Ice Tea

Small 12 oz Large 16 oz

# Coffee/Hot Tea

Small 12 oz . Large 16 oz



Add Chips and a Drink

Add Cookie and a drink

Add Small Soup

Ask about our daily soup specials!

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