

BAKERY & CAFE

Bread. The way it *ought* to be.

FEATURE SANDWICH

Taste one of our favorites!



Cubano \$9.75

Smoked turkey, ham, Swiss cheese, sliced dill pickles with our special house-made pickled red onions, and Dijon mustard spread.

CLASSIC SANDWICHES Taste one of our favorites!



Classic Meat & Cheese\$8.60

Choose from our smoked ham or smoked turkey with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

Classic Roast Beef\$8.60

Roast beef with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix.

Classic Corned Beef or Pastrami \$9.25 Perspective and nitrate free corned beef or

pastrami with choice of cheese, lettuce, tomato, red onion, Dijon mustard, mayonnaise, and salt & pepper mix. Try either as a panini!

Almond butter & Jelly\$4.50

Creamy Almond Butter & Jelly

BREAKFAST SANDWICHES

The perfect spot for breakfast!

Breakfast Sandwich\$5.50

Choose from a selection of our real food, freshly made breakfast sandwiches on your choice of handcrafted bread. Wake up your taste buds with either ham or bacon and your selection of cheese. (choice of any bread, garlic herb spread, egg, choice of cheese. Add turkey, nitrate free bacon for \$1.50)



SIGNATURE SANDWICHES

Fresh made with simple ingredients.

Lorton Salad Sandwich

Your choice of bread with lettuce, tomato, onion, and salt & pepper mix. Choose from our white meat chicken salad with sweet & spicy pecans; tasty albacore tuna salad; or delicious egg salad.

California Cobb

Smoked turkey breast with bleu cheese spread, bacon, avocado, lettuce, tomato, red onions, and salt & pepper mix served on your choice of bread.

Mediterranean

......\$8.85

Protein packed hummus spread, avocado, bell peppers, cucumber slices, cheddar, provolone, spinach, tomato, onion, and salt & pepper mix served on your choice of bread.

Harvest Veggie

Bell peppers, cucumber slices, lettuce, tomato, onion, cheddar, provolone, and salt & pepper mix served on your choice of bread with a sun-dried tomato spread.









SALADS

The greatest thing since sliced bread!



Mediterranean\$8.95

Roasted eggplant, Kalamata olives, marinated artichokes, bell peppers, red onion, feta cheese, dried figs and croutons served on a bed of spring mix topped with a sprig of mint



Roasted sweet potato and eggplant, sliced tomato, oranges, hummus, with croutons served on a bed of spring mix



Choose from our white meat chicken salad with sweet & spicy pecans; tasty albacore tuna salad; or delicious egg salad. Served on a bed of spring mix with tomatoes, cucumbers, sweet & spicy pecans, and croutons.



Caesar \$7.25

Grilled chicken fillet, hard-boiled egg, dried cranberries, croutons and anchovies served over romaine lettuce with Parmesan cheese



Great Harvest House side \$4.25 \$6.25 Spring mix topped with tomato, cucumber, oranges, and croutons

HOT OFF THE GRILL

Get it hot, get it fresh, get it now!

Groovy Grilled Cheese

.... \$6.25

Our version of an old favorite, featuring your bread of choice, cheddar & provolone cheese, and a light taste of our garlic & herb spread. Add: smoked ham or crispy bacon for \$2.25, or vegggies \$0.50.

Tuna Melt

......\$8.75

Albacore tuna salad with cheddar cheese, tomatoes, and our sun-dried tomato spread



Southwest Chipotle

......\$8.75

Preserative and nitrate free smoked turkey, pepper jack cheese, bell peppers, onions, tomatoes, lettuce, and our chipotle mayo spread



.....\$9.25

A grilled chicken fillet with provolone cheese, lettuce, tomato, red onions and pesto sauce





Soup Warm up your fall day.

Soups

Daily varieties available.

12oz Bowl... \$4.50 16oz Bowl ... \$5.75

DRINKS Specialty drinks are in the cooler.

Fountain Drinks

Bottle....\$2.10

Juice Box....\$1.00

Iced Coffee/Tea

12oz Small ... \$1.90 16oz Medium....\$2.20

... \$2.60

Coffee/Hot Tea

12oz Small ... \$1.90 16oz Medium....\$2.20

COMBOS Make it a meal.

Add Chips and a Drink\$3.05 Add Cookie and a Drink\$3.05

Add Small Soup\$3.95

20oz Large

20oz

