

DOUBLE FUDGE BROWNIE MIX

YOU WILL NEED: 1 package of Double Fudge Brownie mix, 1 cup butter (2 sticks), 4 large eggs, beaten well, and 1 tablespoon vanilla (optional).

Nutrition Facts

Serving Size 1/24 Package (38g)

Servings Per Container About 24

Amount Per Serving	MIX	PREP
Calories	150	230
Calories from Fat	40	120
% Daily Value**		
Total Fat 4.5g*	7%	20%
Saturated Fat 3g	15%	40%
Trans Fat 0g		
Cholesterol 0mg	0%	18%
Sodium 50mg	2%	5%
Total Carbohydrate 30g	10%	10%
Dietary Fiber 2g	8%	8%
Sugars 25g		
Protein 2g		
Vitamin A	0%	6%
Vitamin C	0%	0%
Calcium	0%	2%
Iron	6%	6%

*Amount in MIX. contributes an additional 80 Calories (80 Calories from Fat), 9 g Total Fat (5 g Saturated Fat), 55 mg Cholesterol, 65 mg Sodium, 1 g Protein.

**Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

DIRECTIONS: Pre-heat oven to 350 degrees. Melt butter; do not let boil. Empty brownie mix into a mixing bowl and form a well. Add butter, eggs, and vanilla. Stir until smooth. Pour batter into a lightly greased 9"x13" pan and bake for approximately 30-35 minutes, until a toothpick inserted in the middle comes out with wet crumbs but not raw batter. The edges and middle should feel set. Let cool for 30 minutes before cutting.

Ingredients: Sugar, Chocolate Chips (sugar, chocolate liquor, cocoa butter, soya lecithin, vanillin), Fresh Ground 100% Whole Wheat Flour, Cocoa Powder, and Salt.

CONTAINS: WHEAT

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Produced in a Facility That Uses:
Wheat, Eggs, Tree Nuts, Dairy, and Soy.

NET WT 2 LB (896g)