

# CINNAMON CHIP SCONES MIX

**YOU WILL NEED:** 1/8 pound (4 tablespoons) softened butter, 1 egg, 2/3 cup water and 1/4 teaspoon vanilla extract (optional).

## Nutrition Facts

Serving Size 1 Scone

1/2 cup Mix (85g)

Servings Per Container About 8

Amount Per Serving	MIX	PREP
<b>Calories</b>	330	390
Calories from Fat	50	110
	% Daily Value**	
<b>Total Fat</b> 6g*	9%	18%
Saturated Fat 1.5g	8%	25%
Trans Fat 0g		
<b>Cholesterol</b> 0mg	0%	13%
<b>Sodium</b> 350mg	15%	17%
<b>Total Carbohydrate</b> 62g	21%	21%
Dietary Fiber 6g	24%	24%
Sugars 28g		
<b>Protein</b> 9g		
Vitamin A	0%	4%
Vitamin C	0%	0%
Calcium	15%	15%
Iron	15%	15%

\*Amount in MIX. contributes an additional 60 Calories (60 Calories from Fat), 6 g Total Fat (3.5 g Saturated Fat), 40 mg Cholesterol, 50 mg Sodium.

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

**DIRECTIONS:** Put entire package of dry mix in bowl. Add softened butter; mix in slightly with a fork until you see little "butter bullets". Add remaining ingredients and mix by hand. Dough will look crumbly at first, but mix until dough becomes soft. Overmixed scones become chewy. Preheat oven to 375°. Portion out 8 scones using a 1/2 cup scoop. Roll scone into a ball. Place the scones on a lightly greased 17"x11 1/2" cookie pan and bake for 15-20 minutes. **Yield:** Makes 8 delicious scones.

**Ingredients:** Fresh Ground 100% Whole Wheat Flour, Brown Sugar, Cinnamon Chips (**Sugar, Palm Oil, Cinnamon, Non Fat Dry Milk, Soy Lecithin**), Rolled Oats, Baking Powder, Cultured Buttermilk (Sweet Cream, Churned Buttermilk, Sweet Dairy Whey, Lactic acid), Baking Soda, and Salt.

**CONTAINS: WHEAT, MILK**

Great Harvest Bread Co.  
6030 G Burke Commons Rd.  
Burke, VA 22015  
(703) 249-0044

[www.greatharvestburke.com](http://www.greatharvestburke.com)  
Produced in a Facility That Uses:  
Wheat, Eggs, Nuts, Dairy and Soy.