

# CHOCOLATE CHIP COOKIE MIX RECIPE

This ingredient statement and nutrition fact box are for this recipe only. If your ingredients/scoop sizes/measurements vary from those stated in Great Harvest Standard Ingredients and Measurements List and or in this recipe, the nutrition information/ingredient list for your product will need to be updated for accuracy. Please remember to list ingredient components in the parenthetical statements found in the ingredients lists and remove asterisks after making changes.

## Nutrition Facts

Serving Size 1 Cookie  
2.5 Tbsp Mix (30g)  
Servings Per Container About 30

Amount Per Serving	MIX	PREP
<b>Calories</b>	120	160
Calories from Fat	20	60

% Daily Value\*\*

<b>Total Fat</b> 2.5g*	<b>4%</b>	<b>11%</b>
Saturated Fat 1.5g	<b>8%</b>	<b>23%</b>
Trans Fat 0g		

**Cholesterol** 0mg **0%** **7%**

**Sodium** 105mg **4%** **4%**

**Total Carbohydrate** 23g **8%** **8%**

Dietary Fiber 2g **8%** **8%**

Sugars 15g

**Protein** 2g

Vitamin A **0%** **4%**

Vitamin C **0%** **0%**

Calcium **2%** **2%**

Iron **4%** **4%**

\*Amount in MIX. PREP contributes an additional 40 Calories (40 Calories from Fat), 4.5 g Total Fat (3 g Saturated Fat), 20 mg Cholesterol, 1 g Protein.

\*\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:  
Fat 9 • Carbohydrate 4 • Protein 4

## Chocolate Chip Cookie Directions

YOU WILL NEED:

3/4 cup unsalted butter (Grade AA, NO substitutes!), 1 egg & 2 tablespoons water.

DIRECTIONS: Heat butter until soft (not melted). Beat egg in large bowl, and add butter. Next, stir in chocolate chip cookie mix and water. Using mixer, mix at medium speed until all ingredients are incorporated (mix will be a little dry and chunky). Shape dough into 1 1/2" balls and place on ungreased, non-stick cookie sheet about 2" apart. Preheat oven to 325 °. Bake for 12-16 minutes. Let cool on pan for 3-5 minutes. Yield: Approx. 2 1/2 dozen delicious cookies.

\*Mix stays fresh longer if stored in freezer.

INGREDIENTS: Brown Sugar, Whole Wheat Flour, Chocolate Chips (INSERT INGREDIENT COMPONENTS HERE), Rolled Oats, Salt, Baking Powder (INSERT INGREDIENT COMPONENTS HERE), Baking Soda.

CONTAINS: WHEAT, MILK AND SOY.

\*If your Chocolate Chips DO NOT contain Soy you may delete Soy from the CONTAINS statement.

\*if any ingredient listed contains more than one constituent, you must include a parenthetical statement with the ingredient components for that ingredient. (E.g. Pecans (Pecans, Salt, Canola Oil))

\*If any ingredient contains wheat, milk, eggs, soy, peanuts, tree nuts, fish, or shellfish ingredients those allergens will have to be declared by their common name in the CONTAINS statement (ex. PINE NUTS, WHEAT, MILK, ALMONDS, TUNA, EGGS, SHRIMP, etc.).